



Women's Health Care of Morgantown

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GENERAL POST-OPERATIVE (AFTER SURGERY) INSTRUCTIONS

DIET: You may resume the diet that you normally eat. If nausea is a problem, it is probably related to your anesthetic and should pass in a few hours. Only small amounts of clear liquids, such as water, tea, soda, etc. should be taken until the nausea is gone.

ACTIVITY: Mental alertness might be decreased for the first twenty-four(24) hours after an anesthetic. Do not drive a car or do other hazardous tasks during the first twenty-four (24) hours after surgery. A Responsible adult should be with you at all times during at least the first eighteen (18) hours after surgery.

FOLLOW-UP: Please call the office within a few days to make an appointment for a post operative visit about weeks after surgery. Call for an earlier appointment if you feel that you are suffering any complications. Although the chance of complication after surgery is quite small, you should call the office promptly if you have very heavy bleeding, fever, severe pain, or any other symptom that has you worried.

MEDICATIONS: There are usually no medications required after this surgery. However, you may resume taking medications that you have been taking for some other condition. When in doubt about whether or not to restart any medication, check with our office or with the doctor that prescribed the medication.

SUMMARY: You are very unlikely to have a complication, but if you think that you are having one, please call the office at 304-599-6353. If nobody is there, then call the answering service at 304-292-5390.